

Greater New Orleans Country Club Swim League City Championship Meet 2023 Meet Invitation

Dates: Monday, June 26, 2023

Host: UNO Lakefront Arena Pool
6801 Franklin Ave
New Orleans, LA 70122

Staff: Meet Director: Steve Romero
Meet Referee: Steve Romero
Meet Manager (Prior): Aimee Carletta, GNOCCSL Swim League Clerk
Meet Manager (on Deck): Hunter Ante

Facilities / Timing: Indoor 25 yard, eight lane pool. Primary timing system will be the Colorado Timing System. Secondary timing system will be manual stopwatches.

Meet Format: Timed Finals as listed in Sessions sections.
All event heats will be slowest to fastest.
Psych sheet will be posted on: <https://www.swimnola.org/>

Heats may be combined at the Referee's decision.

Meet Schedule:

The following schedule will be in effect for the meet. Warm-up times and meet start times will be posted after the meet is seeded and meet management can use the # of entered athletes to predict the meet timeline.

Warm-Up Time: Session 1

1st Warm-up / 8:00 AM

2nd Warm-up / 8:30 AM

Meet will start at 9:15 AM

Warm-Up Time: Session 2

Note: All Session 2 times are tentative and subject to change based on meet timeline that will be calculated after entries are received.

1st Warm-up / Approximately 12:30 PM

2nd Warm-up / Approximately 1:00 PM

Meet will start on or around 1:15 PM (subject to change)

Coaches Relay -- This relay is coaches, asst. coaches, and/or parents and will be the first event of Session 2.

Meet Fees/Fines:

All team fees must be paid prior to the start of the meet. Teams with fee balances will not be allowed to participate in the City Championship Meet.

Entry Fees:

Entry Fees, PAID IN ONE CHECK PER CLUB, are due to the league President or his designee on the first day of the City Championships. Fees that are not paid on or before June 26, 2023 will incur a 10% late fee.

\$1 surcharge per swimmer PLUS:

\$3.00 per individual entry

\$5.00 per relay team entry

Entry Info:

Swimmers must be entered with times from the current 2023 season for events. **NT entries will not be accepted.** Seed times must be submitted in yards. Swimmers had to have swam in 2 meets during regular season to qualify for this event.

It is each Member Club's responsibility to notify league official of any scratches for a City Championship event. Any swimmer, who fails to swim an event without prior notification by the swimmer's coach or designated representative, will result in a \$10.00 fine for that swimmer's club for each such occurrences.

PRIOR NOTIFICATION is defined as at least 48 hours before the start of the City Championship Meet. Notification after 48 hours will be accepted for hardship cases (i.e., sickness, death, etc.) only to be determined acceptable or non-acceptable by the Meet Administrators.

INDIVIDUALS:

- Entries: teams are allowed to enter each athlete in up to 2 individual events
- Scoring: places 1-16 score, according to the default for Meet Manager
- Individual Event Points: 20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1
- Only 4 athletes per team will be allowed to score in an individual event.

RELAYS:

- Entries: teams are allowed to enter up to 1 relay team per event and the maximum number of relays an individual athlete can swim is 3. Teams may swim-up athletes for relays (one age group).
- Scoring: places 1-16 score, according to the default for Meet Manager, with only 1 relay per team scoring.
- Relay Event Points: 40,34,32,30,28,26,24,22,18,14,12,10,8,6,4,2

Entry Submission:

Must be emailed in a .hy3 file format to GNOCCSL@gmail.com. Upon loading the entry file, the League Clerk will supply the team with an entry confirmation. If there are errors, teams will be notified and will have 24 hours to correct issues.

Entry Deadline:

Thursday, June 22, 2023 by 9 PM. NO LATE ENTRIES WILL BE ACCEPTED.

Scratch Deadline:

Saturday June 24, 2023 by 8 PM.

Liability Policies:

Participating clubs must submit a copy of their General Liability Policy to GNOCCSL@gmail.com & Robyn@Selaaquatics.com by June 19, 2023 at 6 PM.

Warm-Ups:

Safety is our first priority. Lifeguards will be present while the meet is in session in the event of an emergency. Deck Referees, Safety Marshalls, and lifeguards have complete authority over warm-up procedures and patron safety at all times.

1 st Warm- Up		2 nd Warm-Up	
CCC	Deep 1 & 2	NOLTC	Deep 1 & 2 & 3
CLCC	Deep 3 & 4	SYC	Deep 4 & 5 & 6
MIM	Deep 5 & 6		
MCC	Deep 7 & 8	PT	Deep 7 & 8
NOCC	Shallow 1 & 2	JCC	Shallow 1 & 2
GRCC	Shallow 3 & 4	Open	Shallow 3 & 4

Volunteers:

Each team will need stroke and turn judges, timers, runners, ribbon table attendants. Each team will need to supply Clerk of Course volunteers for 8 & Under age group sessions.

Disqualifications:

Stroke Judges shall use the GNOCCSL DQ slips. Each session shall have stroke judges. If the meet host cannot provide stroke judges, teams will be asked to supply parent/coach volunteers.

Team Scoring:

Division 1 will be the top 5 teams with the most swimmers based on Roster submitted to the league on June 15, 2023. Division 2 will be the remaining 5 teams based on the roster submitted to the league on June 15, 2023.

Awards:**Individual and Relay Events:**

Medals/Plaques/Neck Ribbons: 1st - 3rd place

Ribbons: 4th - 24th place

Team Awards:

Trophies for the 1st, 2nd, and 3rd, place teams

Special Awards:

Coaches Relay Award

Awards must be picked up at the end of the meet

Meetings:

Coaches: As needed

Timers: 15 minutes prior to the start of each session.

Heat Sheets:

Heat sheets will be posted online at <https://www.swimnola.org/> on Sunday evening.

Results:

Results will be posted on the wall at the pool during the meet. Final results will be posted within 2 days after the conclusions of the meet and emailed to each Head Coach.

**Concessions and
Clothing:**

Concessions will be sold by the facility.

Championship Meet Clothing will be available for purchase on deck.

Order of Events:

Order of Events – First Session							
<i>MEDLEY RELAYS</i>							
	1	Girls	8 & U		Medley RELAY	100	yards
	2	Boys	8 & U		Medley RELAY	100	yards
<i>FREESTYLE</i>							
	3	Girls	6 & Under		Freestyle	25	yards
	4	Boys	6 & Under		Freestyle	25	yards
	5	Girls	7 & 8		Freestyle	25	yards
	6	Boys	7 & 8		Freestyle	25	yards
<i>BACKSTROKE</i>							
	7	Girls	6 & Under		Backstroke	25	yards
	8	Boys	6 & Under		Backstroke	25	yards
	9	Girls	7 & 8		Backstroke	25	yards
	10	Boys	7 & 8		Backstroke	25	yards
<i>6 & Under FREE RELAYS</i>							
	11	Girls	6 & Under		Free Relays	100	yards
	12	Boys	6 & Under		Free Relays	100	yards
<i>5 MINUTE BREAK - BREASTSTROKE</i>							
	13	Girls	8 & Under		Breaststroke	25	yards
	14	Boys	8 & Under		Breaststroke	25	yards
<i>5 MINUTE BREAK - BUTTERFLY</i>							
	15	Girls	8 & under		Butterfly	25	yards
	16	Boys	8 & under		Butterfly	25	yards
<i>10 MINUTE BREAK - FREE RELAYS</i>							
	17	Girls	7 & 8		Free RELAY	100	yards

	18	Boys	7 & 8		Free RELAY	100	yards	
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Order of Events – Second Session

Coaches Relay will be the first (unscored) event of this session

MEDLEY RELAYS

	19	Girls	9 & 10		Medley RELAY	200	yards	
	20	Boys	9 & 10		Medley RELAY	200	yards	
	21	Girls	11 & 12		Medley RELAY	200	yards	
	22	Boys	11 & 12		Medley RELAY	200	yards	
	23	Girls	13 & 14		Medley RELAY	200	yards	
	24	Boys	13 & 14		Medley RELAY	200	yards	
	25	Girls	15 to 18		Medley RELAY	200	yards	
	26	Boys	15 to 18		Medley RELAY	200	yards	

FREESTYLE

	27	Girls	9 & 10		Freestyle	50	yards	
	28	Boys	9 & 10		Freestyle	50	yards	
	29	Girls	11 & 12		Freestyle	50	yards	
	30	Boys	11 & 12		Freestyle	50	yards	
	31	Girls	13 & 14		Freestyle	50	yards	
	32	Boys	13 & 14		Freestyle	50	yards	
	33	Girls	15 to 18		Freestyle	50	yards	
	34	Boys	15 to 18		Freestyle	50	yards	

BACKSTROKE

	35	Girls	9 & 10		Backstroke	50	yards	
	36	Boys	9 & 10		Backstroke	50	yards	
	37	Girls	11 & 12		Backstroke	50	yards	
	38	Boys	11 & 12		Backstroke	50	yards	
	39	Girls	13 & 14		Backstroke	50	yards	

	40	Boys	13 & 14		Backstroke	50	yards	
	41	Girls	15 to 18		Backstroke	50	yards	
	42	Boys	15 to 18		Backstroke	50	yards	
<i>BREASTSTROKE</i>								
	43	Girls	9 & 10		Breaststroke	50	yards	
	44	Boys	9 & 10		Breaststroke	50	yards	
	45	Girls	11 & 12		Breaststroke	50	yards	
	46	Boys	11 & 12		Breaststroke	50	yards	
	47	Girls	13 & 14		Breaststroke	50	yards	
	48	Boys	13 & 14		Breaststroke	50	yards	
	49	Girls	15 to 18		Breaststroke	50	yards	
	50	Boys	15 to 18		Breaststroke	50	yards	
<i>BUTTERFLY</i>								
	51	Girls	9 & 10		Butterfly	50	yards	
	52	Boys	9 & 10		Butterfly	50	yards	
	53	Girls	11 & 12		Butterfly	50	yards	
	54	Boys	11 & 12		Butterfly	50	yards	
	55	Girls	13 & 14		Butterfly	50	yards	
	56	Boys	13 & 14		Butterfly	50	yards	
	57	Girls	15 to 18		Butterfly	50	yards	
	58	Boys	15 to 18		Butterfly	50	yards	
<i>FREE RELAYS</i>								
	59	Girls	9 & 10		Free RELAY	200	yards	
	60	Boys	9 & 10		Free RELAY	200	yards	
	61	Girls	11 & 12		Free RELAY	200	yards	
	62	Boys	11 & 12		Free RELAY	200	yards	
	63	Girls	13 & 14		Free RELAY	200	yards	
	64	Boys	13 & 14		Free RELAY	200	yards	
	65	Girls	15 to 18		Free RELAY	200	yards	
	66	Boys	15 to 18		Free RELAY	200	yards	